



**IRAN OVERLAND TOUR**  
**+989196320057**

## **Climbing tour in Tehran**

### **Beginner's tour**

1-day plan

- Transfer from Tehran to the climbing area and back to your accommodation
- Basic safety session and foundations
- Abseiling down
- Top rope climbing (difficulty 4-5 French grade)

### **Intermediate tour**

- Transfer from Tehran to the climbing area and back to your accommodation
- Sport climbing/bouldering/lead climbing (difficulty grade 5c-8b French grade)

### **Advanced tours**

- Multi-pitch climbing near Tehran (difficulty grade 5c-7c French grade)
- Big wall climbing (3-5 days plans for more information contact us via WhatsApp/Telegram at +989196320057)

What is included in all the tours:

- Professional climbing guide/ belayer
- Rope safety gears and all the gears
- Climbing shoes in limited size
- Transfer
- Breakfast

**Note:** is much better to have your own climbing shoes with you it will make your experience much nicer and enjoyable